### **Gorveatte Consulting Inc.**



### It's Time For a Break!

Winter seems like it lasts FOREVER! Soon it will be time to "March into Spring", so RELAX!

I would like to remind you today to de-stress. Please take a deep breath, relax your body, unclench your teeth and hands, and let your shoulders drop down from their hunched position above your ears. It's always surprising to me how much this makes a difference -- to let that physical stress go a couple of times a day. Breathe. It's easy to d, but hard to remember.

Please use these pictures as an escape if you need them. Whether it's kittens or palm trees, both work for me. I hope they work for you.

I thank you for subscribing to this newsletter. I couldn't -- and wouldn't -- do what I do without you.





Do you need time to relax? Gorveatte Consulting Inc. can help save you time so you have more time to relax. Let us help with your internal audits, click HERE.

### New ISO 9001 Course Dates Announced, April 3-4, 2023

Special Promotional Announcement:

# Two Classes and Two Offers to Choose from Register two participants and save 10% each Register three participants and save 15% each

Select your class and select your participant offer



ISO 9001 Basics 101



ISO 9001 Internal Auditor

One-Day ISO 9001 Basics 101 April 3 only \$275.00 Click here

Two-Day Internal Auditor Workshop April 3-4 \$549.00 Click here

# FREE Conducting MARVEL-ous Audits March 24 1pm EST 2pm AST

How do you become an Audit Superhero? With your Audit Superpowers of course!

Join me to learn about conducting audits with a MARVEL-ous twist! Use your audit superpowers to conduct audits to verify the effectiveness, efficiency, and suitability of your quality management system.

Click <u>HERE</u> to register and I will forward the link-bring your friends too!





ICYMI Click HERE for a Free Webinar on how to write Nonconformances That Stick!

Learn the alignment between the Jedi Code and the Audit Principles while joining me in a galaxy far, far away.

American Society for Quality (ASQ)

World Conference on Quality and Improvement May 7 - May 10, 2023 | Philadelphia, PA | **AUDIT** 

LIKE

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**KNIGHT** 

I'm looking for Quality Authors to write for the ASQ Quality Forum Are you Interested? Then reach out to me here!

## What do you want to see?

Let me know what type of articles or links you want to see in our newsletter. Click <u>HERE</u> with your suggestion

Why not take advantage of our free webinars and previous issues of our newsletter - Click HERE

Helping you demystify the ISO 9001 Standard



#### **More Great Quality News to Come!**

Want to learn more about quality and stay up to date on Quality news? Watch for our newsletter next month when we will feature more Quality information from Gorveatte Consulting Inc.

Call us at 902-434-9003

Gorveatte Consulting Inc. | 37 Saratoga Drive, Dartmouth, b2x3p9 Canada

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